### **Descriptions of Types of Dance:**

(Both pairs of shoes will be required for all combo classes)

#### Jazz

Jazz is the combination of a variety of dance styles including ballet, African dance and social dance. Your child will learn jazz techniques, which consists of strong rhythmic and isolated movements. I would strongly encourage anyone who is taking jazz to have a basis in ballet. This will greatly benefit the jazz dancer, however it is not required. Dress Code: Black jazz shoes, form fitting clothes that are easy to dance in.

#### Tap

Tap dance is strongly based in rhythm. Your child will be using all aspects of their feet as a musical instrument and learning music, rhythm and timing. Dress code: Black tap alignment shoes, form fitting clothes that are easy to move in.

#### Contemporary/Lyrical

Contemporary and lyrical combine techniques found in jazz and ballet. Ballet and jazz background is beneficial however not required. Dress Code: Bare Feet and/or foot undies, form fitting clothing that is stretchable and moveable.

#### Acro

The class will focus on basic acro skills, transitioning moves and stretching. Dress Code: Bare feet and comfortable clothing.

#### **Tumbling Tigers**

Tumbling Tigers is a class for your little ones who love to jump around and have fun! Your child will learn beginner tumbling, acrobatic skills and basic movement skills. We will utilize mats, balance beams and trampolines.

Dress Code: Bare feet, leotard, form fitting stretchable, moveable clothing

#### Ballet

Ballet is characterized by grace, Flow and precision of movement. Your child will learn ballet techniques and correct placement (body alignment). Dress Code: Pink ballet shoes, leotard and tights.

#### Mommy and Me

A start up class where children will learn basic body movements and Beginner dance skills. Student will Also be comforted with their mothers in the class.

#### **Hip Hop**

Your child will learn fun, Rhythmic, hip-hop moves from the past and present. Dress code: Black jazz sneakers, clothing that is easy to move in. no jeans.

# 2016-2017 East Windsor Parks and Recreation Dance Program with Miss Jenna & Miss Jill



Physical Address: 76 S. Main St East Windsor, CT 06088 Mailing Address: 11 Rye St. Broad Brook, CT 06016 (860)627-6662



# Class Size is limited \*CLASS TIMES SUBJECT TO CHANGE BASED UPON ENROLLMENT\*

### Friday Nights

4:30-5:15 Jazz III (Ages 10 and up) 4:30-5:15 Ballet II (Ages 7-9) 5:15-6:00 Jazz II (Ages 7-9) 5:15-6:00 Ballet III (10 and up) 6:00-6:45 Hip Hop II (Ages 10 and up) 6:00-6:45 Tap II (Ages 7-9) 6:45-7:30 Hip Hop I (Ages 7-9) 6:45-7:30 Contemporary (Ages 12 and up)

#### **Saturday Mornings**

9:00-9:45 Mommy & Me (Ages 2-3) 9:00-9:45 Ballet I (Ages 4-6) 9:45-10:30 Ballet/Jazz Combo (Ages 3-4) 9:45-10:30 Tumbling Tigers (Ages 3-5) 10:30-11:15 Acro (Ages 6-8) 10:30-11:15 Jazz I (Ages 4-6) 11:15-12:00 Ballet/Tap Combo (Ages 3-4) 11:15-12:00 Tap I (Ages 4-6)

The dance classes run October until May. Holidays and vacations off. Classes will begin **Friday**, **September 30th and Saturday**, **October 1st** at:

St. John's Church 92 Main St., East Windsor

Special Registration will take place
September 16th 5pm-7pm at St. John's Church

#### Fees:

\$195.00 per class

\$5.00 sibling discount and \$5.00 discount for additional classes \$5.00 off for bringing a friend to the program BALANCE MUST BE PAID IN FULL WHEN REGISTERING Price Includes DVD & end of the year Gift

We now have online registration and payment at

https://www.activityreg.com/ClientPage t1.wcs?clientid=EASTWIND&siteid=1

Registration forms can also be downloaded from our website www.eastwindsorct.com.

NO PHONE REGISTRATIONS WILL BE ACCEPTED!

## TOWN OF EAST WINDSOR PARKS & RECREATION DEPARTMENT 2015-2016 Dance Program

Mailing Address: 11 Rye Street Broad Brook, CT 06016 (860) 627-6662

The following form must be completed prior to participation in any recreation program sponsored by the East Windsor Recreation Department. All payment(s) must be included with the registration form. Consider yourself registered if you do not hear from us

| ac not near nom ac.   | # of years participated in dance  |
|---|---|
| FRIDAY CLASSES  | **************************************  |
| □ 4:30-5:15 Jazz III (Ages 10 & up)   | ☐ 6:00-6:45 Hip Hop II (Ages 10 & up)   |
| ☐ 4:30-5:15 Ballet II (Ages 7-9)  | ☐ 6:00-6:45 Tap II (Ages 7-9)   |
| □ 5:15-6:00 Jazz II (Ages 7-9)  | ☐ 6:45-7:30 Hip Hop I (Ages 7-9)  |
| ☐ 5:15-6:00 Ballet III (Ages 10 & up)   | ☐ 6:45-7:30 Contemporary (Ages 12 & up)   |
| SATURDAY CLASSES  |   |
| □ 9:00-9:45 Mommy & Me (Ages 2-3)   | ☐ 10:30-11:15 Acro (Ages 6-8)   |
| □ 9:00-9:45 Ballet I (Agges 4-6)  | □ 10:30-11:15 Jazz I (Ages 4-6)   |
| ☐ 9:45-10:30 Ballet/Jazz Combo (Ages 3-4)   |   |
| ☐ 9:45-10:30 Tumbling Tigers (Ages 3-5)   | ☐ 11:15-12:00 Tap I (Ages 4-6)  |
| Participant's Name  | Age/Grade M/F   |
| Address   |   |
| Parent/Guardian Contact   | Tele  |
| Email Address   |   |
|   | Tele  |
| Special Concerns  |   |
| Payment Enclosed \$   | Method: Check # Cash \$   |
|   | result of participation in this activity. In case of emergency, if family canling Emergency Department Physician to treat me. I also understand that event of an injury.              |
|   | Windsor, the Parks and Recreation Department, it's officers, sponsors, ted with the program, from any loss, blame, expenses, injuries, property e from participation in this program. |
|   | to use any snapshots of my child taken during parks and recreation events or promotional materials in both print and online form.   |
| YESNO   | Parent/Legal Guardian initial   |
| Signature:  | Date:   |
|   | Payment / Refund Policies**  "East Windsor Parks and Recreation." Returned checks will be   |
| <b>NO REFUNDS</b> will be given after a program begins unless extenuating circumstances prevents you from participating in the program. The costs of trips are also non-refundable. |   |
| Please keep as your receipt: Program Name:  |   |

Payment Amount: \_\_\_\_\_ Check # or Cash: \_\_\_\_\_ Date: \_\_\_\_\_